

## **Club project spotlights:**

Through the herbal medicine students learned how natural ingredients can be used scientifically to promote health and wellness. They understand the process of preparing herbal products and explored the medicinal properties of common plants like tulsi, neem, and ginger.



**Student Voices:** 

Students truly enjoyed learning about the healing power of herbs and how natural ingredients can be used to make medicines. Preparing herbal syrups and powder was an exciting hands-on experience.

## **DEEPER DIVE**

JYOTI VERMA- 13/11/2025



- Project Goals: Our vision and mission are to build a healthy aware and informed community by promoting responsible medicine use.
  - We aim to educate students about medicines, encourage interest in herbal and modern healthcare.

Process/ Steps: Students understand the importance and science of herbal medicines, exploring and formulating products like syrups and sanitizers while valuing Ayurveda and teamwork.

Skills Learned: Students develop scientific thinking, creativity, and practical skills by exploring herbal formulations and understanding their medicinal importance.

Challenges and solutions:

- Limited scientific knowledge about herbs.
- Use simple, safe lab techniques (drying,boiling,filtration).



Meet the Team:



Sakshi Verma IX G



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